

# ANTARCTICA - FALKLANDS, SOUTH GEORGIA & ANTARCTICA 23 DAYS | SEA SPIRIT



## INTRODUCTION


Set sail from Ushuaia aboard the stylish and comfortable all-suite Sea Spirit on this epic expedition cruise to Antarctica, South Georgia and the Falklands. Actively explore these incredible regions whilst enjoying the amenities of a luxury hotel on board. Cruise by Zodiac through narrow waterways alongside towering icebergs, make shore landings to visit penguin colonies, scientific stations and research stations, and set foot on the Antarctic continent itself. Take the opportunity to practice your photography alongside an experienced professional or paddle by kayak amongst the world's most impressive landscapes surrounded by marine life. South Georgia, home to 400,000 breeding pairs of king penguins and half the world's population of macaroni penguins, offers more amazing wildlife viewing opportunities as well as an insight into the history of whaling and the heroic endeavours of Shackleton. Finally explore the wildlife-rich Falkland Islands, home to beaches filled with elephant seals and the largest population of gentoo penguins on Earth.

## ITINERARY

### DAY 1: Ushuaia, Argentina

Welcome to Ushuaia, the world's southernmost city and starting point of our Antarctic expedition! Upon your arrival at the airport, you will be greeted by our staff and transferred to a quality hotel, which has been arranged by us and is included in the price of the itinerary. For the rest of the day, you are free to explore this vibrant port city and adventure hub. For an introduction to local history and wildlife, the interesting Museo del Fin del Mundo is worth a visit. If you have time to spare, a variety of nature activities can be arranged to suit all interests and fitness levels, from hiking in nearby Tierra del Fuego National Park to wildlife viewing in the Beagle Channel. For dinner, Ushuaia offers a wide range of restaurants featuring Patagonian lamb and delectable Fuegian seafood.



TRIP CODE
ACTSAWA
DEPARTURE
27/02/2026, 10/03/2027
DURATION
23 Days
LOCATIONS
Antarctic Peninsula, Falkland Islands, South Georgia


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### DAY 2: Embarkation in Ushuaia

After breakfast at your hotel, the morning is yours to enjoy Ushuaia. Explore the delightful waterfront and savor views of the snowcapped Martial Range, the southernmost peaks of the Andes. Take advantage of shopping for souvenirs or some last-minute necessities such as cold-weather gear. Just remember, you will soon receive your very own parka to keep and waterproof boots to borrow on board the ship. For lunch, the many cafés, parrillas and gelato shops on Avenida San Martín will be sure to satisfy any appetite. In the afternoon, you will be transferred to the pier where we will warmly welcome you aboard the deluxe expedition vessel M/V Sea Spirit. Get settled in your spacious suite and explore the ship that will be your comfortable home during the extraordinary adventure to come. After getting underway, a full schedule of events kicks off with informative briefings and introductions from your expedition staff. After the first of many delicious dinners on board, step out onto the open decks to admire the scenery and gorgeous evening light as we pass through the Beagle Channel.



### DAY 3: Drake Passage - Day 3 & 4

After passing the islands of Tierra del Fuego, we turn south to begin our crossing of the Drake Passage. The majestic wandering albatross and other graceful subantarctic seabirds are common in these waters and can readily be viewed from panoramic open decks and balconies. We also cross the Antarctic Convergence, the biological boundary of the Southern Ocean. The ship's stabilizing fins provide comfort in the event of rough seas. We hope to arrive in the South Shetland Islands on the evening of our second day at sea.



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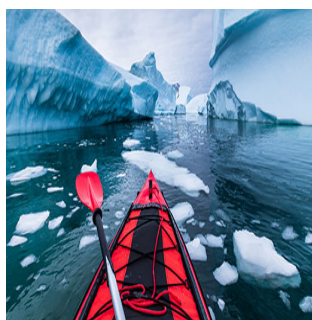
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### DAY 5: South Shetland Island & Antarctica - Day 5 to 8

Within the next days, we explore the highlights of the South Shetland Islands and the Antarctic Peninsula. This region contains some of the world's most impressive scenery and the best wildlife viewing in Antarctica. Sheltered bays and channels sparkle with ice and reflect towering mountain peaks coated in permanent snow and immense glaciers. Icebergs of every size and description complete an image of incomparable beauty. Waters rich with krill are home to huge numbers of marine mammals and seabirds. The whole area is alive with penguins foraging at sea and forming large rookeries at special places on land. Here we also find Antarctic research bases of various nationalities, some with gift shops and post offices. The South Shetland Islands are the northernmost islands in Antarctica and will likely be our first sight of land. This wildly beautiful island chain contains many landing sites with historical significance and abundant wildlife. Among them is Elephant Island, where men from Shackleton's famous Endurance expedition spent the winter of 1916. We will also explore the supremely picturesque Gerlache Strait area of the Antarctic Peninsula, a pristine wilderness of spectacular white landscapes, colossal icebergs, obliging marine mammals and bustling penguin colonies. Here we have a chance to land on the continent of Antarctica. Throughout this area, we find large colonies of gentoo, chinstrap and Adélie penguins, sometimes side by side. This a great time for close encounters with inquisitive penguin chicks, who are now gaining independence as they fledge. This is also the peak of the whale-watching season. Having gorged themselves on krill all summer, humpback and minke whales become more playful and obliging to Zodiacs and kayakers. Crabeater and Weddell seals are joined by Antarctic fur seals and southern elephant seals. The skies are full of newly fledged seabirds. Antarctica is a true wilderness with unpredictable weather and ever-changing ice conditions, which will dictate our route and exploration opportunities. With more than 14 hours of daylight per day, we seize every chance to experience excellent wildlife viewing and amazing scenery via Zodiac cruises and shore excursions.



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## DAY 9: Scotia Sea - Day 9 & 10

We now proceed northeast through the wildlife-rich waters of the Scotia Sea. We keep a lookout for abundant humpback and fin whales along the way. Briefings, bio-security procedures and presentations by our lecture staff prepare you for our arrival in South Georgia.



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### DAY 11: South Georgia - Day 11 to 14

The next five days will be devoted to the exploration of the unique and spectacular wilderness of South Georgia, home to some of the greatest concentrations of wildlife on the planet. This isolated subantarctic island is said to host upwards of 100 million seabirds, including numerous species of albatross, penguins, prions, petrels, shags, skuas, gulls and terns. Among these is one of the largest flying birds in the world—the wandering albatross. Here you have a rare opportunity to witness part of their remarkable life cycle. While most seabird chicks are already fledging, wandering albatross chicks are only now hatching in grassy nests overlooking the wild Southern Ocean. On South Georgia’s legendary beaches, king penguins are gathered in huge colonies that stretch from sandy shorelines to the foothills of glaciated mountains. Also at this time, hundreds of thousands of macaroni penguin chicks are getting ready to head out to sea. Rare birds such as the endemic South Georgia pipit and yellow-billed pintail round out the list of 78 bird species found across the territory. The successfully completed rat eradication program has made this wilderness even more pristine and rich with birdlife. South Georgia is also home to staggering numbers of elephant seals and fur seals. At this time, thousands of fat elephant seal pups are lounging around on shore while mobs of rambunctious fur seal pups take to the water. Once hunted nearly to extinction, large whales have returned to the bountiful seas surrounding South Georgia. With the whalers long gone, the historical whaling station of Grytviken is now home to the excellent South Georgia Museum. Here you will also find the grave of Sir Ernest Shackleton, heroic polar explorer and leader of the Endurance expedition. In this rugged yet accessible environment, superb wildlife viewing is best complemented by active adventure. There are many opportunities for guided treks through this raw and untamed wilderness, including the legendary Shackleton Walk. For sea kayakers, the wildlife-rich waters of South Georgia offer the chance to paddle with hordes of seals and penguins in some of the world’s most scenic waterways. This is expedition cruising at its most authentic. Our precise route and exploration opportunities are dependent on weather in this wild and remote corner of the world. Our experienced captain and expedition leader will continually adjust plans to take maximum advantage of the conditions and circumstances at hand. You can be sure that we will take every safe opportunity to go ashore in this challenging environment.



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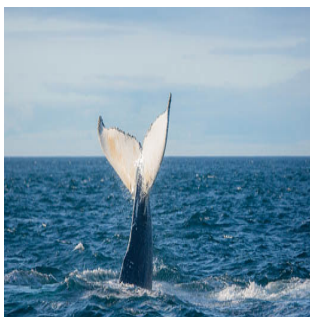




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### DAY 15: At Sea - Day 15 & 16

We sail west toward the Falkland Islands. Presentations and workshops by our expert staff, as well as our range of onboard recreation facilities, ensure that this day at sea is not idly spent. Pelagic seabirds are our constant companions as we keep a vigilant watch for dolphins and whales in these productive waters.



### DAY 17: The Falklands - Day 17 & 18

On these days we intend to come alongside the wharf at Stanley, the historic capital of the Falkland Islands. Attractions within pleasant walking distance along the waterfront promenade include the Falkland Islands Museum, the governor's house, various war memorials, quality gift shops and charming pubs. Christ Church Cathedral features an impressive whalebone arch and dramatic views of shipwrecks in the harbor. We also plan to offer an excursion to Gypsy Cove, a national nature reserve where white sand beaches are frequented by numerous bird species, including the endemic Falklands flightless steamer duck. Here you can also see Magellanic penguins, whose chicks have fledged and are making a tentative start to their lives at sea. At this time, you may even find groups of sea lions hauled out on shore. We continue our exploration of the Falklands in the isolated outlying islands. These bleakly beautiful isles are havens for wildlife. Large colonies of seabirds, perched on windy bluffs overlooking azure seas, are easily accessible by hiking over lush meadows. At this time, black-browed albatross soar down from above while feisty rockhopper penguins leap up surf-battered cliffs from below to feed their large chicks amongst the tussocks. On nearby beaches, gentoo penguin chicks are starting to fledge while adult king penguins and chicks of all ages are getting ready to brave the austral winter. Just offshore, you may see Peale's dolphins and even killer whales patrolling the coasts. A wide range of land birds, including the endemic Cobb's wren and inquisitive striated caracara, contribute to an abundance of wildlife that will leave nature lovers breathless.



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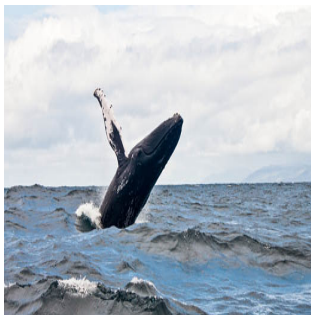
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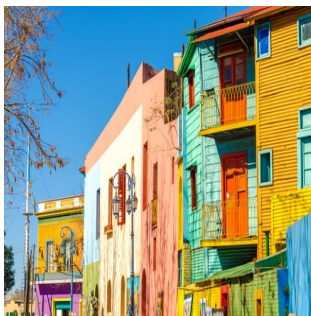
### DAY 19: Southern Ocean - Day 19 to 22

The ocean breezes gradually get warmer as we sail north through the South Atlantic Ocean. As we enter deeper waters, we are on constant lookout for killer whales, blue whales, sei whales and southern right whales. This is also the time for festivities such as the Captain's Farewell Cocktail and the end-of-voyage slideshow.



### DAY 23: Disembarkation in Buenos Aires

Morning disembarkation in Buenos Aires. Right after the disembarkation, we provide a group transfer to Ezeiza (EZE) - International Airport or central location in Buenos Aires. \*Important - we recommend to schedule your return flight from Buenos Aires (EZE) with a departure time that is not earlier than 7pm.



## INCLUSIONS & DETAILS

### Accommodation

Hotel & Cabin On board a Ship

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INCLUSIONS

- 1 pre-voyage hotel night on Day 1 in Ushuaia including breakfast
- Group transfer from the airport to the hotel on the day prior to embarkation
- Group transfer to the ship for embarkation on Day 2
- Cabin on board the Sea Spirit
- IAATO fees and governmental taxes.
- All meals on board throughout the voyage
- Tea and coffee station 24 hours daily *(\*From 2026/27 Antarctic season onward an all-inclusive beverage package that features soft drinks, house wine and beer, and house spirits available in the bar and restaurant).*
- All scheduled landings/excursions (subject to weather and ice conditions)
- Leadership throughout the voyage by our experienced Expedition Leader & Expedition Team
- Branded Poseidon Expeditions parka (to keep)
- Rubber boots for shore landings for the time of the cruise
- Welcome and Farewell cocktails
- All port fees
- Group transfer to airport or central location right after disembarkation
- Pre-departure materials
- Digital Voyage Log
- Wi-Fi on board

Inclusions

EXCLUSIONS

- International or internal flights unless specified
- Transfers from the airport to the hotel if arriving prior to Day 1 of the program
- Airport transfers, taxes and excess baggage charges unless specified
- Visa, passport and reciprocity fees (if applicable)
- Travel Insurance - Mandatory Emergency Evacuation Insurance to a minimum benefit of US\$ 200,000 per person
- Personal expenses such as laundry
- Gratuities for the crew (recommend US\$15 per person per day)
- Optional Activities such as kayaking and camping
- Fuel surcharge may be applied for all bookings
- Pre or post cruise travel expenses
- Any meals not mentioned
- Soft drinks and alcoholic beverages other than those for special events and celebrations *(\*From 2026/27 Antarctic season onward an all-inclusive beverage package that features soft drinks, house wine and beer, and house spirits available in the bar and restaurant).*

Difficulty Rating

2 (light adventure)

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<b>Single Surcharge</b>	Available upon request, contact us for more details. Sharing is available in Triple, Main Deck, Classic, and Superior Suites. If you prefer a cabin for yourself, the following categories are available with the single supplement at: x1.7 for Main Deck, Classic, and Superior Suites x2 for Deluxe, Premium, and Owner's Suite
<b>Notes</b>	Prices are based on per person, and may be based off triple/or twin share cabins* (please contact us for more details). Prices are correct at time of publishing but are subject to change at any time. Itinerary is subject to change depending on weather and ice conditions.
<b>Price Dependent upon</b>	Departure date, fuel surcharges, cabin category, currency fluctuations, seasonality and availability.

## SUSTAINABILITY

As a member of IAATO we follow guidelines appointed by the Antarctic Treaty System to go above and beyond in support of minimizing negative impacts on this pristine landscape. We also encourage clients to look to book pre-and post- accommodation with us, where local businesses will be supported. Our clients also receive restaurant recommendations which support locally owned restaurants

We carefully select all ships we work with and choose smaller sized vessels to create less impact. We use a highly regulated, licensed vessel which is well equipped to operate in the Antarctic's delicate ecosystem. We view the voyage to the Antarctic as an expedition, not a sightseeing trip. Smaller boats such as ours can navigate narrow waterways and are far less polluting than the larger ships in Antarctic waters. By carrying less passengers, we have far less waste. The waste is carried back to the home port to allow for environmentally conscious waste management and disposal.

For more information on our sustainability policies, including how we are striving towards being a paperless organisation, click [HERE](#)

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